

Holton Breakfast in the Classroom Menu

MARCH 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Kellogg's Jump Start Breakfast (low sugar cereal, single pop tart, 100% fruit Juice) 1% Low Fat Milk	2 Low Fat String Cheese Whole Grain Gram Crackers Applesauce Cup 1% Low Fat Milk	3 Kellogg's Jump Start Breakfast (low sugar cereal, Elf Graham Crackers, 100% fruit Juice) 1% Low Fat Milk	4 Apple G-Force Whole Grain Cereal Bar Fresh Fruit or 100 % Fruit Juice 1% Low Fat Milk	5 NO SCHOOL
8	9	10	11	12
Kellogg's Jump Start Breakfast (low sugar cereal, single pop tart, 100% fruit Juice) 1% Low Fat Milk	Whole Grain Muffin Low Fat Cheese Stick Fresh Fruit or 100% Fruit Juice 1% Low Fat Milk	Kellogg's Jump Start Breakfast (low sugar cereal, Elf Graham Crackers, 100% fruit Juice) 1% Low Fat Milk	Low Fat Whole Grain Granola Bar Applesauce Cup 1% Low Fat Skim Milk	Whole Grain Pop Tart Animal Crackers Fruit or 100% fruit Juice 1% Low Fat Milk
15 Kellogg's Jump Start Breakfast (low sugar cereal, single pop tart, 100% fruit Juice) 1% Low Fat Milk	16 Whole Wheat Waffle to Go Fresh Fruit or 100% Fruit Juice 1% Low Fat Milk	17 Kellogg's Jump Start Breakfast (low sugar cereal, Elf Graham Crackers, 100% fruit Juice) 1% Low Fat Milk	18 Cheese Stick Whole Grain Graham Crackers Applesauce Cup 1% Low Fat Milk	19 Whole Grain Pop Tart Animal Crackers Fruit or 100% fruit Juice 1% Low Fat Milk
22 Kellogg's Jump Start Breakfast (low sugar cereal, single pop tart, 100% fruit Juice) 1% Low Fat Milk	23 Low Fat String Cheese Whole Grain Gram Crackers Applesauce Cup 1% Low Fat Milk	24 Kellogg's Jump Start Breakfast (low sugar cereal, Elf Graham Crackers, 100% fruit Juice) 1% Low Fat Milk	25 Apple G-Force Whole Grain Cereal Bar Fresh Fruit or 100 % Fruit Juice 1% Low Fat Milk	26 Whole Grain Pop Tart Animal Crackers Fruit or 100% fruit Juice 1% Low Fat Milk
29 Kellogg's Jump Start Breakfast (low sugar cereal, single pop tart, 100% fruit Juice) 1% Low Fat Milk	30 Whole Grain Muffin Low Fat Cheese Stick Fresh Fruit or 100% Fruit Juice 1% Low Fat Milk	31 Kellogg's Jump Start Breakfast (low sugar cereal, single pop tart, 100% fruit Juice) 1% Low Fat Milk		Universal Breakfast:  Available to every student free!

