

Grade Level(s) <u>9</u>	Course <u>Health</u>	Date Last Revised <u>April 2010</u>
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Pacing	Curriculum Focus				Instructional Strategies & Activities	Resources	Assessments
<i>September</i>	GLCE/HSCE S-7 Students will demonstrate the ability to use interpersonal comm. skills to enhance health and avoid or reduce health risks.	Unit(s) or Topic(s) Ch 1 Understanding Health and Wellness	Student Skills Identify factors that influence health Understand aspects of health Have students evaluate national health goals Become health literate Predict how healthy behaviors impact health status Analyze how the perception of norms influence health	Vocabulary Words To Know Content & Academic Heredity Environment Lifestyle Physical, Mental, Social health Healthy People 2010 Health literacy	Bulletin boards Student create strategies Writing reading check Peer tutors Extended time IEP Note taking Foldables Resource Center	Internet Real world connection Text Health magazines Current Events	Vocab card Quiz Study guides Writing Modules Test
September	S-8 Demonstrate the ability to advocate for personal, family and community health	Ch 3 Mental and Emotional Health	Demonstrate refusal, negotiations, and collaboration skills to enhance health and avoid or reduce health risks Examine barriers that can hinder Healthy decision making	Hierarchy needs Self actualization Role model Character Integrity Empathy			
	S-1 students will comprehend concepts related to health promotion and disease prevention	Ch4 Managing Stress and coping with loss	Students will be able to demonstrate skills that promote individual well-being and healthy family relationships Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming others.	Coping strategies Denial Conflict prevention Social isolation rejection			
	-S-2 Students will analyze the influence of family, peers culture, media, technology and others factors on health behaviors	Ch 5 Mental and Emotional Problems	Students will identify sources of information about depression and its treatment Analyze how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors	Depression Anxiety Self esteem Character Closure Disorders-mental Anxiety, mood			

