Holton Public Schools

PACING GUIDE AND CURRICULUM MAPPING

Grade Level(s)	10-12	Course	Individual Sports Offered fall/spring	Date Last Revised	August 2010

Pacing *September*	Curriculum Focus				Instructional Strategies & Activities	Resources	Assessments
	GLCE/HSCE	**Unit(s) or Topic(s)** *Pre-fitness testing*	**Student Skills** **Students will demonstrate base skill level. Sit ups, push ups, running, arm strength flexibility**	**Vocabulary** **Words To Know Content & Academic**			
September	**Standard 3- participates regularly in lifelong physical activity.** **S-5 Demonstrate selected use of tactical problems, such as distance accuracy, direction modifications**	**Bocce ball** **Ladder ball** **Bean bag toss** **Washer toss**	**Students will refine techniques to achieve consistency in performance of fundamental skills.** **Students will analyze object manipulation to make recommendations for improvement**	Scoring process Toss Delete Aim Target Pallino Jack tactic	**Written rules** **Practice** **Skill instruction**	**Handouts**	**Written test** **Tournament**

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	GLCE/HSCE **Aligned Standard/Benchmark** Include Code (ie: N.ME.04.05), Description/Objective	**Unit(s) or Topic(s)**	**Student Skills**	**Vocabulary** **Words To Know Content & Academic** *Not limited to list **but** shows relationship to content/topic*			
October							
	S-2 Students will demonstrate basic offensive and defensive skills S-4 Students will develop transitional motor skills r	**Horsehoes Badminton Shuffleboard**	**Students will refine techniques to achieve consistency and accuracy in performance of fundamental skills Students will develop skills in serving, volleying, throwing and pushing**	**Target Birdie Shuttlecock Disc Ringer Penalty**	**Rules Practice Demonstration**	**Handouts-rules;strategies**	**Rules test Tournament Scoring**

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November							

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December							

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February							

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May/June							