Amy DeLong Class of 1994 – Female Athlete Inductee Athletic Hall of Fame – Class of 2015

A three sport athlete at Holton High School, Amy DeLong lettered all four years in volleyball, basketball, and softball. DeLong was named to the all-tournament teams for several invitational tournaments in volleyball throughout her career, and she earned all-conference, all-area, and first team all-state honors during her sophomore, junior, and senior years in volleyball. DeLong also earned post season honors in women's basketball and softball. DeLong earned all-conference and all-area honors in softball, while also being named to the first team all-state team in softball. DeLong holds school records in assists with 1,086, and serving percentage, having missed only 17 serves in 652 attempts for a 97% service percentage. DeLong also holds the current record for the number of points scored in women's basketball, with 1,010 points in her prep career from 1990 – 1993 at Holton High School.

After graduation, DeLong signed a letter of intent to play collegiate volleyball for the Privateers of the University of New Orleans. During the 1994 season, DeLong led the Privateers in assists with 1,244 and assists per set with an average of 10.11. DeLong was named to the Kansas State Invitational All-Tournament Team in 1994, and earned honors as the freshmen player of the year in the Sunbelt Conference during the 1994 season. DeLong was also honored as the Louisiana freshmen player of the year in 1994, and was named to the Second Team of the All-Louisiana Team in 1994 as a freshmen.

After her freshmen season at the University of New Orleans, DeLong transferred to the University of Toledo, where she continued her collegiate success. During her sophomore season of 1995, DeLong led the Rockets in assists (966), assists per set (10.5), service aces (33), and digs (194). DeLong ranked 8th in the MAC in assists per set, and 4th overall in conference play that year. Named a team captain during the 1996 and 1997 seasons, DeLong continued to compile huge numbers. DeLong ended her career at Toledo holding the record, which still stands, for the most individual assists in a season during the 1997 season with 1,500. DeLong also led her team in games played (128) and digs (305) during the 1997 season. Her 1,238 assists during the 1996 season rank 10th all-time at Toledo, and her individual total of 11.72 assists per set in 1997 rank 5th all-time in Toledo history. While DeLong ranks 3rd all-time for assists in a career with 3,704 and assists per set with 11.22 during her 3 seasons at Toledo, DeLong compiled an impressive 4,948 total assists in her four year Division I collegiate career, which surpasses the current University of Toledo record for assists in a career for a player at 4,865. DeLong's 84 assists against Eastern Michigan University in 1997 ranks 8th all-time in Mid-American Conference history. The 1997 team at Toledo also holds records for total team assists per season with 1,700 and most team assists per match with 94 against Eastern Michigan University.

DeLong would go on to compete professionally in the Midwest Professional Volleyball Association, where she would earn honors as the Most Improved Player in 1999, and the tour's Most Valuable Player Award in 2001. DeLong also won the season points total in 2001, and along with her teammate, Laurie Holmes, the duo would combine to win the women's season championship that year.